

We at ergoCentric, want to ensure the adjustment features of your chair are easily understood. We believe the proper use of these features is critical and will ensure you receive the full benefits of your ergonomic chair.

Call us if you have any questions and ask for a customer support representative.

# ergoCentric®

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Association of Canadian Ergonomists  
Association Canadienne d'Ergonomie

# Adjustability understood™

To get the most out of your chair, please take a minute to learn about its adjustment features.

## Read this user guide

**Boardroom ecoCentric™ Mesh**

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Printed in Canada on recycled paper.

### FREE FLOAT:

To free float chair, push the lever forward and leave it in the forward position. Push the lever back to lock the chair in the upright position.

### SEAT HEIGHT:

To raise the seat, pull up on the lever while raising your weight off the chair. To lower the seat, pull up on the lever while sitting. Release the lever to lock.

