We at ergoCentric want to ensure that the adjustment features of your chair are understood. We believe the proper use of these features is critical and will ensure you receive the full benefits of your ergonomic chair.

ergoCentric

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Adjustability understood

To get the most out of your chair, please take a minute to learn about its adjustment features.

Read this user guide or visit ergo18.ca







Association of Canadian Ergonomists Association Canadienne d'Ergonomie

Controlled Motion



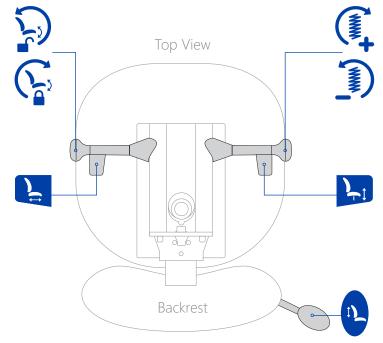
Printed in Canada.

FREE FLOAT:

To free float the chair, turn the knob, located under the front left corner of the seat, counter-clockwise and shift your weight forward or backward. To lock free float, turn the knob clockwise.

SEAT DEPTH:

To adjust seat depth, pull up on the lever and move the seat forward or backward in relation to the backrest. Release lever to lock.



SPRING / TILT TENSION:

To adjust the spring tension, turn the knob, located under the front right corner of the seat, clockwise to increase the tension. Turn the knob counter-clockwise to decrease the tension.

SEAT HEIGHT:

To raise the seat, pull up on the lever while raising your weight off the chair. To lower the seat, pull up on the lever while sitting. Release the lever to lock.

BACK HEIGHT:

To adjust the back height, push the oval paddle back away from the seat and adjust the backrest up or down to the desired height. Pull this paddle towards the seat to lock.