ergoCentric Footring – Assembly Guide

- 1. Lay the chair down on its side. Remove the base by pulling on it while tapping the bottom of the gas cylinder with a hammer until it is loose enough to remove.
- 2. Slide the Footring onto the gas cylinder.
- 3. Slide the appropriate number of spacers onto the gas cylinder to reach the desired Footring height.
- 4. Ensure that the Footring is resting on the top spacer, and that the bottom spacer is resting on the chair base. If no spacers are being used, the Footring should sit directly on the chair base.
- 5. If two or more spacers are being used, the gaps on the spacers should be offset from each other (*Shown in Figure 1A and Figure 1B below*).
- 6. Place the chair upright so that the gas lift sits within the center of the base. Sit on the chair to make sure the gas lift is correctly secured in the base.

Figure 1A. Figure 1B.



