We at ergoCentric want to ensure that the adjustment features of your chair are understood. We believe the proper use of these features is critical and will ensure you receive the full benefits of your ergonomic chair.

## Adjustability understood\*

To get the most out of your chair, please take a minute to learn about its adjustment features.

### ergoCentric\*

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# Read this user guide or visit ergo11.ca

Saffron Ratchet Dedicated Task









This booklet was designed to teach you the adjustment features of this chair.

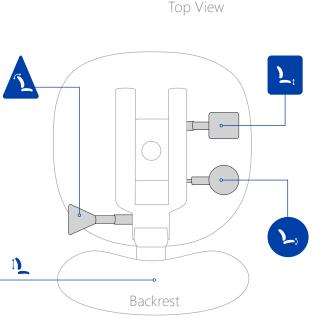
Please take a moment to review this booklet.

#### **BACK ANGLE:**

To adjust the back angle, pull up on the **TRIANGULAR** paddle and hold it in the up position. Lean backward or forward until the backrest is at the desired angle. Release the paddle to lock. When adjusted correctly the angle between your upper body and thighs should be greater than 90°.

#### **BACK HEIGHT:**

To adjust the back height, push upwards on the bottom of the backrest until it reaches its maximum height. This will disengage the adjustment mechanism. Allow the backrest to gently drop down to the lowest position to disengage the ratchet mechanism. Once this is done, lift the back to one of the five desired position and listen for a click to ensure it is locked into place.



#### **SEAT HEIGHT:**

To raise the seat, pull up on the **SQUARE** paddle while raising your weight off the chair. To lower the seat, pull up on the paddle while sitting. Release the paddle to lock.

#### **SEAT ANGLE:**

To adjust the seat angle, pull up on the **CIRCULAR** paddle and shift your weight forward or backward until the seat is at the desired angle. Push this paddle down to lock.