

We at ergoCentric, want to ensure the adjustment features of your chair are easily understood. We believe the proper use of these features is critical and will ensure you receive the full benefits of your ergonomic chair.

Call us if you have any questions and ask for a customer support representative.

ergoCentric®

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Association of Canadian Ergonomists
Association Canadienne d'Ergonomie

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Adjustability understood™

To get the most out of your chair, please take a minute to learn about its adjustment features.

Read this user guide

Dedicated Task ecoCentric™ Mesh

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This booklet was designed to teach you the adjustment features of this chair.

Please take a moment to review this booklet.

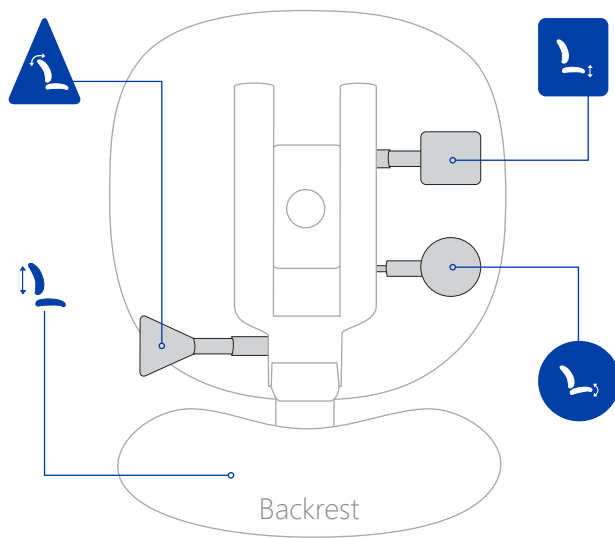
BACK ANGLE:

To adjust the back angle, pull up on the **TRIANGULAR** paddle and hold it in the up position. Lean backward or forward until the backrest is at the desired angle. Release the paddle to lock. When adjusted correctly the angle between your upper body and thighs should be greater than 90°.

LUMBAR SUPPORT:

To adjust the lumbar support, push the lumbar pad up or down to the desired height.

Top View



SEAT HEIGHT:

To raise the seat, pull up on the **SQUARE** paddle while raising your weight off the chair. To lower the seat, pull up on the paddle while sitting. Release the paddle to lock.

SEAT ANGLE:

To adjust the seat angle, pull up on the **CIRCULAR** paddle and shift your weight forward or backward until the seat is at the desired angle. Push this paddle down to lock.