We at ergoCentric, want to ensure the adjustment features of your chair are easily understood. We believe the proper use of these features is critical and will ensure you receive the full benefits of your ergonomic chair.

Call us if you have any questions and ask for a customer support representative.

### ergoCentric

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# Adjustability understood

To get the most out of your chair, please take a minute to learn about its adjustment features.

## Read this user guide

**Boardroom** iCentric<sup>™</sup> Mesh Executive



Printed in Canada.

#### **SPRING TENSION:**

To adjust the spring tension, turn the knob located under the front center of the seat. Turn the knob counter-clockwise to increase the spring tension and clockwise to decrease the spring tension.

#### FREE FLOAT / FIVE POSITION TILT LOCK:

To adjust the seat angle, pull up on the LEFT paddle and shift your weight forward or backward until the seat is at the desired angle. Push this paddle down to lock. To free float the chair, pull this paddle all the way up and leave it in the up position.

#### **SEAT HEIGHT:**

To raise the seat, pull up on the RIGHT paddle while raising your weight off the chair. To lower the seat, pull up on the paddle while sitting. Release the paddle to lock.

